

RBT Exam Study Guide

Free Study Plan (RBT)

How to Use This Guide

- Aim for 30–45 minutes per study session, 4–5 days per week.
- Use practice questions to identify weak areas, then revisit those topics.

4-Week RBT Study Plan

- Week 1: Measurement, assessment, and skill acquisition basics.
- Week 2: Behavior reduction, reinforcement, and prompting procedures.
- Week 3: Data collection, graphing, and documentation ethics.
- Week 4: Mock exams, error correction, and final review.

Daily Structure

- 10 min: Review yesterday's notes
- 20–25 min: New content
- 10–15 min: Practice questions
- 5 min: Error log and next steps